



OCTOBER



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9/30	10/1	10/2	10/3	10/4
COWBOY CAVATINI Fruit, veggies and milk	CHICKENWICH Fruit, veggies and milk	BREAKFAST FOR LUNCH Fruit, veggies and milk	CHICKEN NUGGETS Fruit, veggies and milk	PEPPERONI PIZZA Fruit, veggies and milk CHOCOLATE MILK FRIDAY!
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10/7	10/8	10/9	10/10	10/11
TERIYAKI CHICKEN & RICE Fruit, veggies and milk	CRUNCHY BEEF TACOS Fruit, veggies and milk	MAC & CHEESE Fruit, veggies and milk	CHICKEN NUGGETS Fruit, veggies and milk CHOCOLATE MILK THURSDAY!	NO SCHOOL
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10/14	10/15	10/16	10/17	10/18
LOADED BAKED POTATO Fruit, veggies and milk	TACO SOUP Fruit, veggies and milk	BREAKFAST FOR LUNCH Fruit, veggies and milk	CHEESEBURGER Fruit, veggies and milk	SUPER NACHOS Fruit, veggies and milk CHOCOLATE MILK FRIDAY!
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10/21	10/22	10/23	10/24	10/25
CHICKEN NUGGETS Fruit, veggies and milk	BEAN & CHEESE BURRITO Fruit, veggies and milk	CHICKEN NOODLE SOUP Fruit, veggies and milk	TACO THURSDAY Fruit, veggies and milk CHOCOLATE MILK THURSDAY!	SPAGHETTI & GARLIC BREAD Fruit, veggies and milk

AT LEAST 80% OF GRAINS SERVED ARE WHOLE WHEAT.
NON-FAT & 1% MILK OFFERED DAILY; CHOCOLATE MILK OFFERED FRIDAYS

