



St Rose of Lima Catholic School

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St. Rose of Lima School is dedicated to providing a healthy environment for our students and staff. Your student's health is very important to us. In a healthy school, students are able to thrive and learn better. We need your help to make this happen.

COVID-19/Illness Protocol and Requirements-

Should I Stay Home?

Students and staff are required to stay home when they are not feeling well and stay home until symptoms resolve. They should test negative for COVID. Please stay home if you have any of these symptoms:

- Congestion
- Runny nose
- Nausea
- Vomiting
- Diarrhea
- Fatigue
- Sore throat
- Fever 100.4+ or chills
- Shortness of breath
- Difficulty breathing
- Muscle or body aches
- Loss of smell/taste
- Cough (new or worsening)



At this time, proof of negative COVID test results are not required for return to school. Please report all symptoms and positive tests to St. Rose of Lima School Office.

When Can I Return to Work or School?

- ➔ **Negative for COVID:** You may return once you are 24 hours free of fever, vomiting and diarrhea (without use of medication) and all other symptom(s) significantly improved.
- ➔ **Positive for COVID:** No fever within the past 24 hours (without medication) AND Symptoms have significantly improved. Any individual that tests positive for COVID- 19 is required to isolate days zero through five at home regardless of vaccination status. Return to school and activities can occur, starting on day six, if: Additionally, individuals should wear a mask when around others for days 6-10.